



Promoting a Culture of Peace:

Bullying Prevention

Course Summary



Promoting a Culture of Peace: Bullying Prevention training course is meant to be a tool for teachers/trainers/educators to cope with violence in educational environments. Promoting a Culture of Peace: Bullying Prevention training course has been designed to address issues of violence according to a preventive perspective and directed particularly at the teachers, trainers and educators of young people from 0-16 years old.

The training programme comprises three modules:

- 1- Individual Strategies for Teachers in Peace Education,
- 2- Social Strategies to Cope with Violence in Educational Environments,
- 3- Selected Approaches to Violence in Educational Environments.

Through improving the skills and abilities of educators and through new approaching to teaching and learning skills on the Peace Culture, the training modules expect to future support a culture of peace in young people.

The course includes 3 modules (6h face to face and 4h self-learning, per module) and a final project on peace culture and bullying prevention.

Target Audience

The course is designed to teachers or trainers of schools or any other educational organization who work with children from 0 to 16 years old and aims to improve the behaviour, the pedagogical methodology and the knowledge of teachers to deal with violence in educational organizations, and therefore to promote Peace Education through the teachers/trainers/educators or trainers skills.

Objectives

The course intends to support the development of important skills related with a peace culture to trainers and teachers. It will be addressed different topics, ranging from the perception of other people's feelings and own emotions, over the handling of intrinsic reactions about conflict and communication aspects to the teacher's/trainer's reflection about his/her own place at educational environments. It will also be developed skills related with Social Strategies to cope with school/educational environment violence from different axes which have main influence in



the school/educational environment violence, as the group phenomenon, gender and immigration. Furthermore, a review of the classical and contemporary contributions to the study of conflict, violence and peace in the areas of education for peace, conflict resolution, and peace studies, will be covered.

More specifically, the aims are:

1. Individual Strategies for Teachers in Peace Education
 - The “Internal Affairs” of Conflict in Peace Education
 - Promoting Peace in Tough Situations
 - Creating a Concept of Peace Education
2. Social Strategies to Cope with Violence in Educational Environments
 - Social Theories
 - Group Phenomenon
 - Gender Violence
 - Immigration Phenomenon
 - Theoretical contents on prevention issues and risks related to violence in educational environments
3. Selected Approaches to Violence in Educational Environments
 - Theory contents
 - Conflict Theories
 - School/Educational environments violence
 - Bullying Models
 - Conflict theories are connected to school violence and bullying models

Preparation

AidLearn will send to each participant, as soon as he/she is formally registered to the training course, the manuals of the course. This is the self-learning part of the 3 modules, and the participant is advised to engage in it before coming to the training course. AidLearn will also send information regarding the site of the training course: how to get there, interesting touristic places to visit, lodging and food, and some Portuguese culture and language tips.

Each participant will prepare a slideshow presentation (PowerPoint or other) to introduce his/her organisation to others, and what are the expectatives to the training course. This presentation should be sent to AidLearn one week before the training starts.

Methodology

The methodology established is based on the specificities of the participants, based on technical and scientific principles of training. For this purpose, the methodology to be applied will appeal to a constructivist pedagogy focused on forming, using active techniques that allow each participant to experience situations similar to real scenarios of professional experienced in



everyday life and business, and reflect on them. The methodological device to be taken in developing training mobilize the use of strategies that promote the questioning of the topics discussed and the active integration of knowledge in professional practices, and will be used as pedagogical techniques: training exercises and self-diagnosis; debates of ideas and clarification issues; group work; simulations; directed discussions; case analysis; practice.

Follow-Up

The training course finishes with an evaluation questionnaire regarding the training course and organization. It is created a mailing list with all the participants: learners, trainers and coordinator, and they are encouraged to communicate with each other regarding the professional practice of what they learnt.

The participants are invited to join the AidLearn Facebook page dedicated to the training, so it is possible to everybody maintain contact with the group and with other participants in AidLearn training courses.

Course Program

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
9.30h – 12.30h		The “Internal Affairs” of Conflict in Peace Education	Creating a Concept of Peace Education	Theoretical contents on prevention issues and risks related to violence in educational environments	Theory contents to Violence in Educational Environments	Creating individual / group project	Presentation of projects by participants
14.00h – 17.00h		Promoting Peace in Tough Situations	Social Theories	Social visit	Conflict theories are connected to school violence and bullying models	Creating individual / group project	Free Time
18.00 – 20.00h	Welcome, ice breaking, outline of the course			Social dinner			Farewell dinner



Course Fees

Course fee (7 days): 490 €

Amount which includes preparation for the course, tuition, training materials, administration costs, AidLearn organizational costs.

Course Package (8 nights – single room): 1.205€

Course Package, which includes course fees (as above), lodging in single room for 8 nights with breakfast, lunches, visit, social dinner and farewell dinner, per person.

Course Package (8 nights – double room): 1.125€

Course Package which includes course fees (as above), lodging in a shared double room for 8 nights with breakfast, lunches, visit, social dinner and farewell dinner, per person.

Any of the courses may be cancelled if the number of registrations do not allow their economic viability.

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